The First Reading is from Jonah 3:1-5, 10

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

The Word of the Lord.

Today's Psalm is Psalm 62:6-14. We will read it responsively, breaking at the asterisk. It can be found on the screens behind me, on page 669 of the Book of Common Prayer, or in the bulletin.

6 For God alone my soul in silence waits; *

truly, my hope is in him.

7 He alone is my rock and my salvation, *

my stronghold, so that I shall not be shaken.

8 In God is my safety and my honor; *

God is my strong rock and my refuge.

9 Put your trust in him always, O people, *

pour out your hearts before him, for God is our refuge.

10 Those of high degree are but a fleeting breath, *

even those of low estate cannot be trusted.

11 On the scales they are lighter than a breath, *

all of them together.

12 Put no trust in extortion; in robbery take no empty pride; *

though wealth increase, set not your heart upon it.

13 God has spoken once, twice have I heard it, *

that power belongs to God.

14 Steadfast love is yours, O Lord, *

for you repay everyone according to his deeds.

The Second Reading is from 1 Corinthians 7:29-31

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

The Word of the Lord.