

**A Reading from the Book of Genesis**

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

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When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, “Let me eat some of that red stuff, for I am famished!” (Therefore he was called Edom.) Jacob said, “First sell me your birthright.” Esau said, “I am about to die; of what use is a birthright to me?” Jacob said, “Swear to me first.” So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

*Reader*                      The Word of the Lord.

*People*                        **Thanks be to God.**

**READINGS FOR *The Seventh Sunday after Pentecost* July 11/12, 2026**

*Reader* Today's Psalm is Psalm 119:105-112. We will read it responsively, breaking at the asterisk. It can be on the screens or on page 772 in the BCP.

105 Your word is a lantern to my feet \*

**and a light upon my path.**

106 I have sworn and am determined \*

**to keep your righteous judgments.**

107 I am deeply troubled; \*

**preserve my life, O LORD, according to your word.**

108 Accept, O LORD, the willing tribute of my lips, \*

**and teach me your judgments.**

109 My life is always in my hand, \*

**yet I do not forget your law.**

110 The wicked have set a trap for me, \*

**but I have not strayed from your commandments.**

111 Your decrees are my inheritance for ever; \*

**truly, they are the joy of my heart.**

112 I have applied my heart to fulfill your statutes \*

**for ever and to the end.**

**A reading from the Letter of St. Paul to the Romans.**

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

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But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

*Reader*                      The Word of the Lord.

*People*                      **Thanks be to God.**