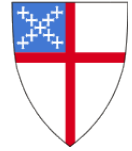


# St. Andrew's Episcopal Church

## Parish Chimes



An Ancient Faith for a Modern World

February 2018



### From the Rector

Dear Friends,

We are moving right into 2018. So far here at St. Andrew's it is a great year!

Some years we observe Ash Wednesday as late as March but this year we observe Ash Wednesday on February 14<sup>th</sup> and from there we enter into the season of Lent. Ash Wednesday is one of those peculiar Christian Holy Days that doesn't really make a lot of sense to people outside the Christian faith and it even causes some Christians to wonder why we do it. Why do we head to church and have some person say to us, "Remember that you are dust, and to dust you shall return"? And then someone smears some ashes on our foreheads. So how does telling people that their lives had a very humble beginning and that their lives will have a very humble end, how is this helpful? Certainly it may be realistic; but it is also a bit, well, depressing, isn't it?

We know for a fact that people do indeed return to dust after they die. Why do we have this service Ash Wednesday to remind us of our mortality? Why not try to ignore this coming end to our natural existence and pretend to ourselves that it will happen a long time off? Why do we make ourselves stare at and consider our own mortality?

This service is not really intended to be ghoulish; but certainly it is supposed to be sobering. It is intended to remind us to look at our lives, our times, here on this earth and see them as God sees them. Our lives last only a short time whether our lifetimes are measured in hours or for 80 or 90 or more years. In the context of the span of eternity, our lifetimes here on earth are a mere blink of the eye. And yet, even though our mortal life may be brief, God has given us life. He has brought us into the world and we have been given the opportunity to know Him and others, to love Him and others. We have been given the privilege to experience life with our senses and emotions and our minds. What a wonderful privilege life is! Because it is a privilege and a

gift, we ought not to waste it! Over the years one of the things I have noticed is that people who have had close encounters with death, or who are living with a terminal disease are very aware of the preciousness of life. And this is the point of the Ash Wednesday service. This service is to help us to see how short our time here is. This service is to help us to prioritize and see anew what is really important in our lives. So interestingly the service that is so serious and considered morbid by some is intended to help us go out and live more fully. It is intended to help us seize the moments that God gives us more fervently and use them more fully. It is intended that we learn to value and enjoy our relationships with others more. We are supposed to leave our Ash Wednesday service with a renewed thankful hearts for our lives and for the lives God has given around us. We are to leave appreciating the beauty of our world with renewed joy. We are to leave the service with a renewed desire to live our lives as God who gave us life intended, and that is with fullness and abundance.

As usual we will have two Ash Wednesday services, one at 10 am and one at 6 pm. We will not have our Adult Bible Study classes on this day. Our youth will once again be serving us pancakes on the Tuesday before Ash Wednesday which this year will be Tuesday, February 13<sup>th</sup>. There will be more information as this date draws nearer.

I hope you will join us this year in observing Ash Wednesday and I hope that you will learn to really live; that you will live your life fully by loving God with all your heart and loving your neighbors as yourself!

Warmly in Christ,

Fr. Lance

#### Inside this issue:

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## The Deacon's Bench

Deacon Ludwig Wallner  
ARCHANGELS



At the beginning of the "Great Thanksgiving" portion of our worship service, the celebrant prays "Therefore we praise you with angels and archangels and with...the glory of your name".

Have you ever thought about this prayer? Angels and Archangels?

Most of us have some concept in our minds about what angels are, but what about archangels? What are archangels? How many archangels are there? Do archangels have names and duties?

According to the Oxford American Dictionary: An Angel is a spiritual being believed to act as an attendant or messenger of God. An Archangel is an angel in the highest of ranks of heavenly beings.

According to the Book of Enoch there are seven archangels:

**Michael:** The warrior, characterized by strength and sense of duty, presides over human virtue and administers justice and protection.

**Raphael:** Administers healing in body, mind and spirit to humans and animals, presides over the spirit of men.

**Gabriel:** Assists those with communication skills, guidance and instruction, and presides over paradise and the Cherubim.

**Raguel:** Responsible of unity and harmony in heaven and on Earth. Oversees other angels. Inflicts punishment on the world and men.

**Seaitiel:** Carries a thurifer and is responsible for carrying forth the prayers and offerings during the mass to God.

**Jehudiel:** Presides over and anoints the sick or dying.

**Barachiel:** Presides over couples whose marriage is in trouble and couples who have difficulty in conceiving.

It should be noted that the earliest parts of the Book of Enoch were written around 300 B.C. The book is an ancient Jewish work but religious scholars considered it non-canonical and non-inspired.

Of the seven archangels mentioned, only two have a Biblical reference. These are Archangel Michael and Archangel Gabriel who are recognized by the Anglican and Episcopal Churches. The Catholic and Eastern Orthodox churches also recognize Archangel

Raphael because of a reference on the Book of Tobit.

On our liturgical calendar, September 29 is a feast day honoring St. Michael and all angels.

NOTE: of the seven names given to the archangels only the first three appear to be consistent in most writings and are referenced in the Bible. The last four appear to have several different names and responsibilities in various writings.

## Sr. Warden's Remarks

Craig Gates, Sr. Warden



Welcome to February everyone. We hope the coldest part of winter has past and we can get back to our normal Florida attire. We have now completed our annual meeting, enjoyed a fine meal, taken care of church business, elected three new vestry members and delegates to the convention. We now look forward to all the challenges and accomplishments this year will bring.

February begins the Easter Season. Before Lent begins we will have our annual Souper Bowl Sunday on February 4<sup>th</sup> and a pancake supper on February 13<sup>th</sup>. Ash Wednesday on February 14<sup>th</sup> will start off our Lenten Season with Rite I services at 10 am and 6 pm. Please mark your calendars so you can attend one of these services. Fr. Fred will also begin a Lenten Bible series on February 21<sup>st</sup>.

Have you noticed all the activities going on at St. Andrew's this winter? Please take time to thank all those who gave of their time to make these events possible. Without these volunteers we would not be able to accomplish our goals and make our ministries successful. I invite you to join a St. Andrew's group and share your talents and time. Greeter/ushers, computer operators, readers and many other activities only require an hour per month. LEMs, Altar Guild, Food Pantry and Back Pack only require 2 or three hours per month. Your help is needed in many ways. Please see Fr. Lance, Glee or Craig Gates, or Hal or Debbie Smith if you would like more information and the opportunity to help.

Thank you for all you do to keep St. Andrew's a strong, vibrant, and growing parish. I look forward to worshipping with you in church.

## Jr. Warden's Remarks

Hal Smith, Jr. Warden

As seen in the annual report, we accomplished a lot last year as we caught up with maintenance issues that had been long overdue. This year we can enjoy our beautiful church and its grounds and know that we are up to date on the maintenance and repairs of all our buildings and grounds. We still have some projects to complete but not like last year. Please mark your calendars for our March 17th Spring Cleaning Day. May God bless you, your family, our community, and our church.

## Ministry News

### Altar Guild

Glee Gates,  
Coordinator



This month, I thought I would use this space to explain a little bit about the workings of the Altar Guild. Keeping in mind that everything we do is done with reverence and respect, there are still "nuts and bolts" of the ministry that must be looked after and you can see the importance of the Sacristy as a sacred place for the Altar Guild to make these preparations.

The work of the Altar Guild is often somewhat transparent unless you are aware of what the ministry really does. Prior to any service, an assigned Altar Guild team goes to the church and prepares for the service. This includes preparation of the sacraments to be presented at the altar, filling candles with oil, changing the altar linens, changing liturgical colors as required, marking the altar and gospel books, setting up the altar and credence table for the services. In addition, the altar guild is responsible for the protection, cleaning and storage of all communion vessels, altar linens and clergy vestments. All supplies used must be ordered and inventories maintained. Flowers are ordered weekly based on the liturgical colors and of course, during special seasons, we order poinsettias, lilies, and palms. We prepare for special services such as Ash Wednesday, foot washing on Maundy Thursday and perform the

stripping of the altar on Good Friday. Arrangements for weddings and funerals are also the responsibility of the Altar Guild.

The next time you walk into your church, please look up and note the glory of our Lord's Table lovingly and skillfully prepared by the members of your Altar Guild. I invite you to contact me and consider joining us in this worthwhile ministry.

## Music Ministry

Jody Bowes

Minister of Music



Our Music Ministry members and supporters enjoyed a wonderful meal and record turnout for our annual Christmas Lunch at Kally-K's in December. Thanks to Rich Kovacs for taking this photo of our Christmas Choir on Christmas Eve (minus Deacon Elaine Cole and Verger Dave Hamilton, who had to run off and get ready for the service). We are so blessed to have our new choir robes and the support of so many singers who joined us to celebrate the birth of Christ with music!



Our choir is enjoying the use of our new music room in Krysher Hall for rehearsals and warm-ups. Practicing in the same room where our music is stored makes rehearsals more productive.

Several choir members pitched in to decorate Krysher Hall for January's *Epiphany & Clergy Anniversary/Parishioner Birthday Celebration* including arranging "favors" at each place setting to celebrate the birthdays of everyone in our parish. A great time was had by all, and Geddy Emerson was the lucky recipient of the 2018 Baby Jesus!

**IMPORTANT REMINDER: EASTER CHOIR REHEARSALS** begin on Saturday, Feb. 17 at 1 pm in the Krysher Hall Music Room. There will only be six, one hour rehearsals. Palm Sunday is March 25th and Easter Sunday is April 1st. Please join us as we prepare our beautiful Palm and Easter Sunday anthems.

## Pastoral Care Ministry

Janet Crisfield,

Facilitator



The Pastoral Care Ministry is dedicated to bringing the presence of Christ to parishioners that are unable to come to regular services either on a temporary or on-going basis. This follows the tradition of the earliest Christians bringing bread and wine from services to those unable to come.

We provide visits to the homebound, hospitalized, those in rehab or extended care facilities. We meet bi-monthly during the regular church year. Training and screening is required of anyone wishing to join this rewarding ministry.

Pat Hladky is a member of our Pastoral Care team. Pat has been an Episcopalian since 1980 and has always been an active member of the churches she attended. Before she came to Florida she was Altar Guild Mistress in New Jersey as well as many other activities.

Prior to joining St. Andrew's, Pat attended St. John's in Brooksville. While there she was active on the Altar Guild and was a LEM and LEV. She worked with Deacon Ludwig and Deacon Susskind to develop their Pastoral Visitors and Healing Ministry. Three years ago she joined us at St. Andrews. She is a great believer and supporter of the healing power of God and prayer. She is a member of the Pastoral Care Team, Order of St. Luke and Daughters of the King.

In addition to her wonderful service and prayers for us she enjoys sewing and her five grandchildren

We usually meet the 4<sup>th</sup> Wednesday of alternate months, however, as the 28<sup>th</sup> is during Holy Week, the next meeting will be March 21, 2018 in Krysher Hall at noon.

If you are interested in learning more please call Janet Crisfield at 352 796-9389 or Father Lance at the church 352 683-2010.



## Boy Scouts

Debbie Smith



St. Andrew's Boy Scout Troop 433 will celebrate "Boy Scout Sunday" on February 4. The Scout Sunday tradition was started to make people in houses of worship aware of Scouting, and to allow Scouts to live out their "Duty to God" pledged each week. The Scout Law says that a "Scout is Reverent" and Scouts of all ages promise to do their "Duty to God". These values strengthen youth character in their family, community and faith. Troop 433 would like to thank St. Andrew's for its continued support.

## Sunday School

Miss Susan,

Miss Colleen &

Miss Jeanie



Our Sunday School sailed through Christmas and New Year's as we continue to contribute to our gratitude jar. We tackled the concept of making your father proud and ways to think outside the box. We discussed how the news of Jesus was spread by friends by sharing good news. Sharing good news is still very appropriate today and brings us happiness. We learned about Peter and Andrew following Jesus' desire to teach them how to fish for people, and how they shared that news with James and John. Isn't it wonderful when our lessons lead to smiles!





# february

## EVENT KEY

**AF** = Adult Formation  
**BP** = Back Packs  
**DOK** = Daughters of the King  
**FOL** = Friends of the Library  
**GB&B** = Guys, Bibles & Bfst  
**GS** = Grief Share

**HE** = Holy Eucharist  
**JrI** = Junior Inquirers  
**OSL** = Order of St. Luke  
**SS** = Sunday School  
**YI** = Youth Inquirers  
**YM** = Youth Ministry

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:00 am AARP	2 Office Closed	3 4 pm HE II 5 pm AF (SC)
4 Souper Bowl and Boy Scout Sunday! 8 am HE II 9:15 am AF (SC) 9:45 am Jr. I 10:15 am SS 10:30 am HE II	5	6	7 9:15 am Preschool Reading 10 am HE II and Healing Prayers 6 pm Youth Group (KH)	8 9:00 am AARP 9:00 am Backpacks 6 pm Choir	9 Office Closed	10 10 am DOK (KH) 4 pm HE I 5 pm AF (SC)
11 8 am HE II 9:15 am AF (SC) 9:45 am Jr. I 10:15 am SS 10:30 am HE II	12	13 12:00 pm Friends of the Library Meeting 6:00 pm Shrove Tuesday Pancake Supper  Thrift Shop Bag Sale	14 9:15 am Preschool Reading 10:00 am Ash Wednesday Rite I Service 6:00 pm Ash Wednesday Rite I Service	15 9:00 am AARP 9:00 am Backpacks 6 pm Choir	16 Office Closed	17 1 pm Easter Choir (KH) 4 pm HE II 5 pm AF (SC)
18 8 am HE II 9:15 am AF (SC) 9:45 am Jr. I 10:15 am SS 10:30 am HE II 12:15 pm OSL Meeting (KH)	19 Office Closed -President's Day	20 5:30 pm Lenten Study Group with Soup and Bread (KH)  <b>CHIMES Articles &amp; Schedules Due</b>	21 9:15 am Preschool Reading 1:30 Lenten Study Group (KH) 6 pm Youth Group (KH)	22 9:00 am AARP 9 am Backpacks 6 pm Choir	23 Office Closed	24 1 pm Easter Choir (KH) 4 pm HE II 5 pm AF (SC)
25 8 am HE II 9:15 am AF (SC) 9:45 am Jr. I 10:15 am SS 10:30 am HE II 12:30 pm Vestry (SC)	26	27 5:30 pm Lenten Study Group with Soup and Bread (KH)	28 9:15 am Preschool Reading 1:30 Lenten Study Group (KH) 6 pm Youth Group (KH)	<b>LOCATION KEY</b> <b>C</b> = Church <b>CH</b> = Coulton Hall <b>KH</b> = Krysher Hall <b>L</b> = Library <b>TS</b> = Thrift Shop <b>SC</b> = Chapel/Class Room in Narthex <b>MG</b> = Memorial Garden		



# UPCOMING EVENTS

## FEBRUARY EVENTS

### **Sunday, February 4**

Souper Bowl Sunday

### **Saturday, February 10**

10:00 am Daughters of the King

### **Tuesday, February 13**

12:00 pm Friends of the Library

6:00 pm Shrove Tuesday Pancake Supper

### **Wednesday, February 14**

10:00 am & 6:00 pm Ash Wednesday Rite I Service

### **Saturday, February 17**

1:00 pm Easter Choir Rehearsal starts

### **Sunday, February 18**

12:15 Order of Saint Luke Meeting

### **Tuesday, February 20**

5:30 pm Lenten Study Series starts

### **Wednesday, February 21**

1:30 pm Lenten Study Series starts

### **Sunday, February 25**

12:30 pm Monthly Vestry Meeting

## MARCH EVENTS

### **Saturday, March 10**

Lifeline Screening

### **Saturday March 17**

8:00 am - 11:30 am Spring Clean-up

### **Wednesday, March 21**

12:00 pm Pastoral Care Meeting

### **Saturday, March 24**

Stripping of the Palms

### **Sunday, March 25th**

Palm Sunday

### **Thursday, March 29**

6:00 pm Maundy Thursday Soup Dinner

7:00 pm Foot Washing Service

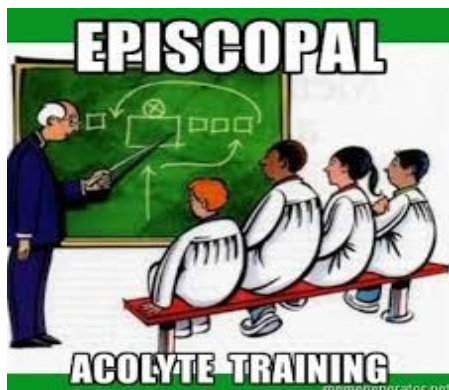
### **Friday, March 30**

12:00 pm Good Friday Service

### **Saturday, March 31**

4:00 pm Holy Saturday Memorial Service  
with the flowering of the cross

8:30 pm Easter Vigil



## February Lectionary

### February 4

Fifth Sunday After the Epiphany

Isaiah 40:21-31

1 Corinthians 9:16-23

Mark 1:29-39

Psalms 147:1-12, 21c

### February 11

Last Sunday After the Epiphany

2 Kings 2:1-12

2 Corinthians 4:3-6

Mark 9:2-9

Psalms 50:1-6

### February 14

Ash Wednesday

Isaiah 58:1-12

2 Corinthians 5:20b-6:10

Matthew 6:1-6, 16-21

Psalms 103:8-14

### February 18

First Sunday in Lent

Genesis 9:8-17

1 Peter 3:18-22

Mark 1:9-15

Psalms 25:1-9

### February 25

Second Sunday in Lent

Genesis 17:1-7, 15-16

Romans 4:13-25

Mark 8:31-38

Psalms 22:22-30



## PLEASE PRAY FOR OUR MEN & WOMEN



## SERVING IN THE ARMED FORCES AT HOME & OVERSEAS:

*Keith Barroncini, Julian Barry, Joseph Beatty, Brian Cain, Martin Clausen, James Cole, Neil Crown, Krista Crosetto, Jason Daniels, Myriah Diaz, Olivia Clair, Warren Fedoryk, Daniel Fitch, Shawn Fitch, Howard Gidden, Sean Gilbert, Donald Harris, Dwayne Hamblin, Roger Handy, Andrew Hammatt, Doug Henderson, Joseph Kee, Amy Kelly, Kristina Langley, Skip LaPointe, Cade Mulrooney, Jacob Poma, Rhett Roy, John Spencer III, Tracy Thomas, Courtney Foster McCorvey, Peter Turner, & Mary Turner.*

**Please call the office with updates to this list.**

## TREASURER'S REPORT

*John Follansbee, Treasurer*  
As of **December 31, 2017**

	This Month	Year to Date	2017 Budget
<b>Revenues</b>			
Core Church	34,977.41	344,909.33	330,102.00
Thrift Shop	4,533.86	56,280.58	58,300.00
<b>Total Revenues</b>	<b>39,511.27</b>	<b>401,189.91</b>	<b>388,402.00</b>
<b>Expenses</b>			
Core Church	28,419.43	359,157.26	368,563.67
Thrift Shop	207.15	15,378.97	16,350.42
<b>Total Expenses</b>	<b>28,626.58</b>	<b>374,536.23</b>	<b>384,914.09</b>
<b>Net Gain/Loss</b>			
Core Church	6,557.98	(14,247.93)	(38,461.67)
Thrift Shop	4,326.71	40,901.61	41,949.58
<b>Total</b>	<b>10,884.69</b>	<b>26,653.68</b>	<b>3,487.91</b>
<b>Investments</b>		<b>Bank Accounts</b>	
SSGA	112,311.34	Sun Trust	
Alliance Bernstein	33,767.58	Unrestricted	7,884.63
		Restricted	253,636.02
		Discretionary	1,091.92
<b>Total</b>	<b>146,078.92</b>	<b>Total</b>	<b>262,612.57</b>
Diocesan Loan Balance			

## Food Pantry Shopping List

This is our staples list, other items appreciated.

Mac 'n cheese  
Spaghetti  
Cereal  
Pancake Mix  
Pancake Syrup

Cans or jars  
Peanut Butter  
Jelly  
Pasta Sauce  
Chicken Noodle soup  
Tomato soup  
Tuna  
Corn  
Green beans  
Pork 'n beans  
Canned peaches  
Hotdogs

*If you wish to make a monetary contribution, we will shop for you. We do most of our shopping at Save A Lot.*

*Thanks so much for helping our community families.*

## Parish Register

### January Attendance

Week Ending Sat./Sunday	* Other Services	Sat. 4 pm	Sunday 8 am	Sunday 10:30 am	Total
January 6/7		34	35	126	<b>195</b>
January 13/14	7	36	31	119	<b>193</b>
January 20/21		52	38	135	<b>225</b>
January 27/28		45	46	145	<b>236</b>
TOTAL	7	167	150	525	<b>849</b>
AVERAGE		42	38	131	<b>212</b>

### January 2018

Transfers in: 1  
Transfers out: 0  
Deaths: Arnold Stephens 1/22/18  
Funerals: Art Weldon 1/19/18  
Baptisms: 0  
Weddings: 0  
Anointings: 86

## Bulletin Board

Meetings, Event News, etc.

If you would like more information about our ministries please pick up a copy of the Serving Opportunities brochure or call the church office.



### **We are updating our email list.**

If you would like to be added or continue as a prayer warrior please email Carolyn Wallner at [thewallners@hotmail.com](mailto:thewallners@hotmail.com).

Life Touch will be taking pictures for our new directory beginning in mid February. See dates and times on the next page. Call the office to schedule your appointment.

AARP will be going taxes at St. Andrew's on Thursdays 9-1 beginning February 1. They will continue each Thursday until April 12th.

Need a **name tag**? **Membership transferred**? **Other information**? Your church office can do that! We're available from Monday-Thursday, 9:00 am - 2:00 pm. Whether you call, email, or stop by, we're happy to help!



- |                     |                         |
|---------------------|-------------------------|
| 1 Kathleen Birdsall | 13 Karen Risley         |
| 1 Eric Kepner       | 16 Bob Meissner         |
| 2 Russell Meissner  | 17 Pat Good             |
| 2 Debbie Smith      | 17 Lucy Joyce           |
| 3 Eileen McGiffin   | 17 Dorothy Walker       |
| 4 Emily Ann Lindsey | 18 Christy Cline        |
| 5 Sharon Ricks      | 18 The Rev. Elaine Cole |
| 6 Michelle Meissner | 19 Harry Owens          |
| 7 Peter Baird       | 19 Peter Richter        |
| 7 Jane Hood         | 20 Kate Gosselin        |
| 7 Isabel Lalane     | 21 Michaela Crooks      |
| 7 Janice Velasques  | 21 Linda Neill          |
| 8 Loreen Rice       | 23 Mary Clark           |
| 9 Ileta Monahan     | 23 Linda DiLisio        |
| 9 Gretchen Murray   | 23 Galina Runion        |
| 9 Jackie Ruth       | 25 Kay Hatch            |
| 10 Josephine Kunz   | 25 Sylvia Hicks         |
| 11 Salwa Eldarzi    | 25 Cheryl Pederson      |
| 12 Jodi Ausland     | 26 Lisa Hoover          |
| 12 Bob Comey        | 28 David Mulholland     |
| 13 Bob Armitage     |                         |

### **A Lenten Program**

*A Small Group Study on Our Nicene Creed.  
Led by Fr. Fred Scharf*

Our group sessions will be held for 5 weeks beginning February 20 at 6:00 pm and February 21 at 1:30 pm. We shall gather at Krysher Hall, and, if we generate enough interest, we may begin the evening sessions at 5:30 pm with a soup and bread meal.

There will be sign up sheets in the Narthex for those wishing to attend this Lenten Small Group Study along with the outline. If it sparks your interest then sign up to discover just what we say and why we say it as we join in stating this Nicene Creed each Saturday or Sunday as we worship our God.

Faithfully yours,  
Fr. Fred Scharf<sup>+</sup>



- 1 Minnie & Jerry Yoerg  
5 Pat & Jim Dodge  
10 Lill & Art Giordano  
15 Pat & Lou Johnson



# St. Andrew's Episcopal Church

2301 Deltona Blvd.  
Spring Hill, FL 34606  
Phone: 352-683-2010

E-mail:  
schurch22@tampabay.rr.com  
Mailing Address: P.O. Box 5026  
Spring Hill, FL 34611

The Rev. Lance Wallace, Rector  
Cell 352-515-8657  
Email: Fr.Lwallace@gmail.com

## Sunday Services

8 am Service (no music)  
9:15 am Adult Formation Class  
9:45 Jr. Inquirers  
10:15 am Sunday School  
10:30 am Service (music)

## Saturday Services

4 pm Service (no music)  
5 pm Adult Formation Class

## Wednesday Services

10 am Service  
with prayers for healing  
11 am to 1 pm Food Pantry open  
1:30 and 6 pm Adult Bible Study  
6 pm Youth Ministry

## Parish Office Hours

Mon.-Thurs. 9 am – 2 pm  
(Closed Friday)

## Diocese Website

[www.episcopalswfl.org](http://www.episcopalswfl.org)

## The Parish Chimes Editors

Lisa Emerson & Debbie Smith  
Email:  
schurch22@tampabay.rr.com

**\$10 off**  
**Friends & Family**  
**Savings Coupon**



**Call to register at**  
**1-888-653-6450**

St. Andrew's Episcopal Church is pleased to offer a preventive health event. Life Line Screening, a leading provider of community-based preventive health screenings, will host their affordable, non-invasive and painless health screenings on Saturday, March 10, 2018. Four screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke.

Register for a Wellness Package which includes 4 vascular tests + Osteoporosis from \$149 (\$139 with our member discount). The screenings take 60-90 minutes to complete. In order to register for this event and to receive a \$10 discount please call 1-888-653-6450 or visit [www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle) or text CIRCLE to 797979

Being proactive about your health by knowing your risks helps you and your doctor address problems early.

## Picture Dates and Times

Monday, February 12

12 pm to 7 pm

Tuesday, February 13

10 am to 5 pm

Wednesday, February 14

10 am to 4 pm

Friday, February 23

12 pm to 7 pm

Saturday, February 24

10 am to 5 pm

Call the office  
to schedule!

We're on the web!  
[standrewschurch.dioswfl.org](http://standrewschurch.dioswfl.org)  
Like us on Facebook at  
St. Andrew's Episcopal Church